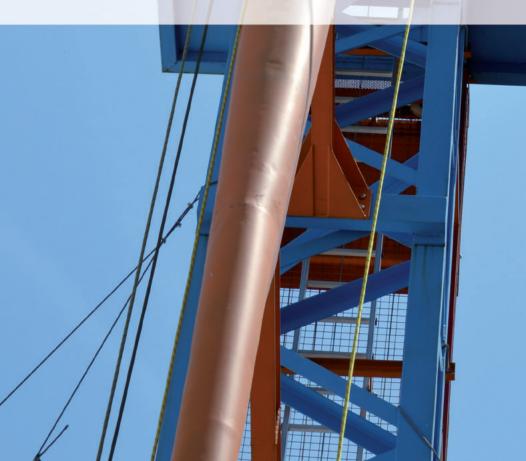


TRAINING

2017 Catalogue



Tesicnor



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INTRODUCTION

At Tesicnor we do believe that training is the best remedy against occupational accidents. We are pioneers and leaders in Occupational Risk Prevention (ORP) training, especially in particularly complex sectors such as renewable energies namely the wind sector.

Practical training

The best training combines theoretical knowledge with practical applications that recreate all the occupational contingencies. In this respect, as members of the Spanish Wind Energy Association (AEE), we collect concerns and problems to which we respond with a constantly developed and updated portfolio of courses. The human resources, with broad experience, have the technical knowledge of Occupational Risk Prevention, the specific certificates and the necessary teaching skills. Our facilities include classrooms, simulators, and the use of new information technologies in both centres of Navarre and the recently opened of Madrid.

TASR, "customised" service

In addition to training, we also develop "customised" Technical Assistance Services and Rescue (TASR). Tesicnor tests, prepares and drafts access, evacuation and rescue procedures in specific industrial environments which require rapid intervention in order to prevent or minimise injuries. Over 300 customers from the national and international scene have entrusted us with their training and technical assistance. This has taken to all four corners of the world, working towards occupational safety.

> Juan López Gutiérrez Head of Training Department



Preparation of customised courses for our customers. Delivery of these, and our own and specific courses under the Global Wind Organisation (GWO) Standard



Preparation

We technically develop and prepare the portfolio of courses.



Delivery

Delivery of courses including the learning dimension.



Practical experience

We define exercises and practical cases to reinforce the theory.



Customised

Courses are adapted to the needs and requirements of the customer.

We are pioneers in ORP and leaders in the wind sector. Our international vocation has taken us to all four corners of the world.



MAIN COURSES

- **01.** Occupational Risk Prevention in civil engineering projects, assembly, energising, start-up, dismounting and dismantling
- 02. Work at height and personal protection equipment (PPE)
- 03. Use and evacuation of fixed guide, cable-guided and rack and pinion elevators
- **04.** Safe use of helpers
- **05.** Vertical and rescue work
- 06. Electrical risk and RD 614/2001, Working in high voltage switchgear assemblies and PPE for high and low voltages
- **07.** Fire extinction
- 08. First aid
- 09. ORP in assembly and maintenance of meteorological towers
- 10. Safe use, evacuation and rescue of MEWP
- 11. Mechanical hoisting of loads, Manual Handling

- 12. Safe use of tools
- 13. Chemicals and hazardous waste
- 14. Ergonomics
- **15.** Noise
- 16. Safe use of ladders and rescue on ladders
- 17. Construction
- 18. Confined spaces. Wind turbine hub and blade
- 19. Road safety
- 20. Rescue equipment
- **21.** Rescue inside the nacelle with emergency descender, with evacuation triangle and stretcher
- 22. Rescue from hub exterior

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- 23. Rescue inside the hub with access from the interior of the nacelle and with access from the exterior of the nacelle
- **24.** Rescue on the side of the nacelle, below frame, in transformer chamber and inside blade



At Tesicnor we believe that training is an effective weapon in the struggle against occupational accidents



Preparation

We technically develop and prepare the portfolio of courses.



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Delivery of courses including the learning dimension.



Practical experience

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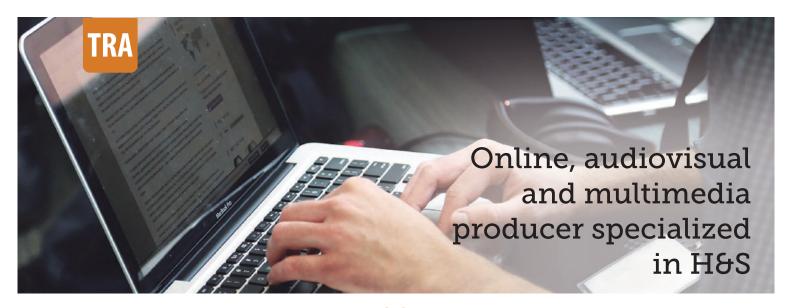


Human resources, with broad experience, combine their technical knowledge of Occupational Risk Prevention, a variety of certificates and specific type approvals and the necessary teaching skills.

MAIN COURSES

- 01. Safe use of machinery
- 02. Electrical risks
- 03. Working at height
- 04. First aid
- **05.** Fire
- **06.** Road safety
- 07. Construction

- 08. Ergonomics
- **09.** ATEX
- 10. Chemical safety and waste
- 11. Tools and machine tools
- 12. Environmental and hygienic risks
- 13. Basic ORP course
- 14. Confined spaces

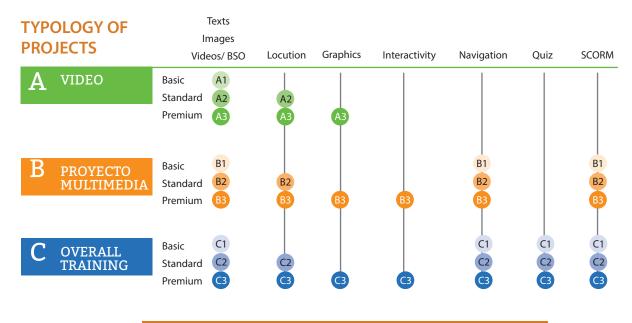


Audiovisual and multimedia productions with contents specialized in Occupational Risk Prevention or corporate ... tailored to our clients.



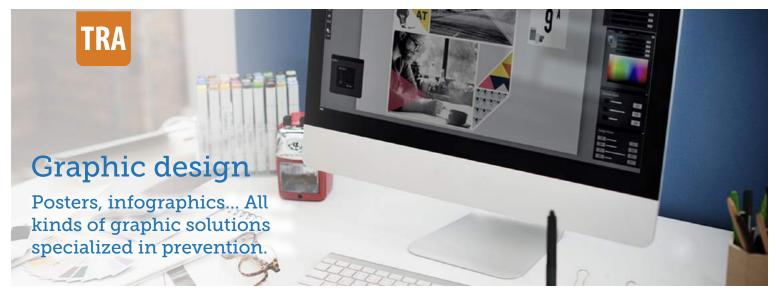
MULTIMEDIA TRAINING BENEFITS

- Multimedia courses automate the training of workers including reception staff.
- It allows the update of knowledge at the same time of the integral and centralized management.
- If it is integrated as online training, it allows individualized adaptation and personalized follow-up of the formative evolution of the worker.

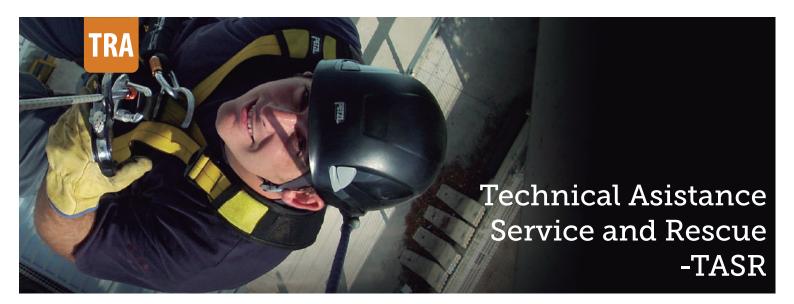


PORTFOLIO

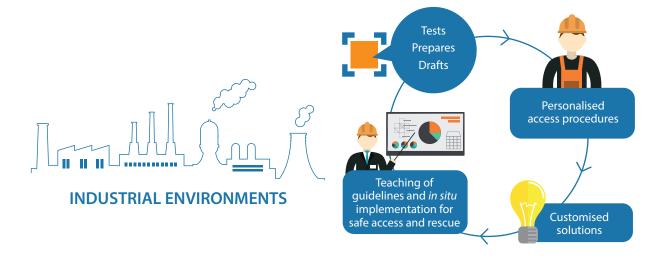
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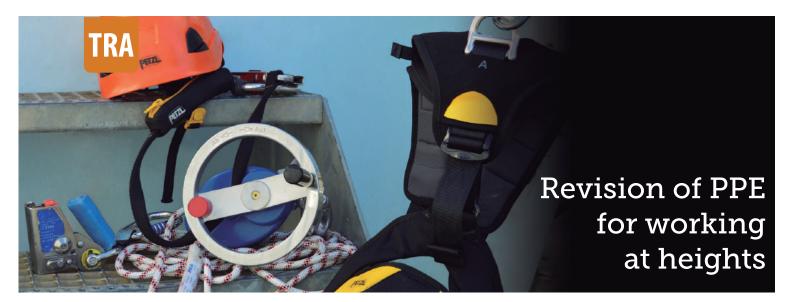
Testing, preparation and drafting of personalised access, rescue and evacuation procedures for complex industrial environments



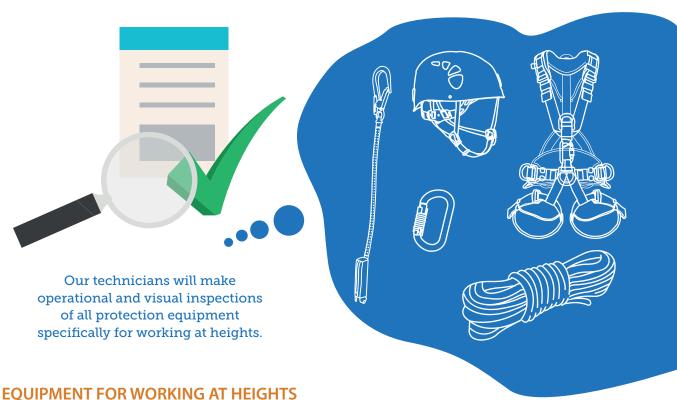
MAIN COURSES

- **01.** Rescue on elevator platform.
- **02.** Evacuation from nacelle with automatic descenders.
- **03.** Evacuation from nacelle with manual descenders.
- **04.** Rescue from zone below main frame.
- **05.** Evacuation of unconscious person from interior of nacelle.
- **06.** Rescue in confined space in the wind turbine.

- **07.** Rescue from side of nacelle.
- **08.** Rescue from exterior, interior and side of hub.
- **09.** Rescue and self-rescue during vertical work.
- **10.** Rescue from interior of blade.
- **11.** 11. Rescue from interior of tube: person suspended on ladder.
- 12. Rescue and self-rescue in meteorological towers.
- **13.** Rescue in transformer room.



Operational and visual inspection of all protection equipment specifically for working at heights



Fall arrest harness

Anchorage line with and without energy absorbers

Fall arrest devices

Helmet

Automatic descenders

Manual emergency descender

Carabiners and maillons

Straps

Handles, rope grabs, pulleys, rigging plates

Webbing sling

Rope mallet

Retractable

Seat

Individual energy absorber

Lanyard (Grillon...)

Portable textile safety line

etc.



In conjunction with our Industrial and Citizen Safety Department, we design Self-Protection Plans (SPP), especially for the wind power. We train in them and mock emergency drills to analyze their application.



SPP EVALUATION

Evaluation of the response effectiveness dealing with an emergency.

Measure the sufficiency and suitability of the resources assigned.

Evaluate the adequacy of the procedures.



ERROR DETECTION

Detect errors or omissions in the SPP and in the actions to be carried out for its establishment.



We train the staff in the Self **Protection Plans.**

To train all the staff in the response to an emergency, in an attempt to gain experience and to get used facing it.

HOW WE WORK

SPP design

Training in SPP

Emergency Drill

Study



We study the client's self-protection plan or we design one for themselves.

We train to the involved staff, prior to the mock.

We dial 112 and security services to inform about the date and time of the mock. We tracking the evolution. After the drill we celebrate a informal meeting: remarcable actions, errours...

Gantt diagram.

Time / actions / involved staff. Conclusions. Recommendations. Improvement proposals.

TRAINING IN SPECIFIC EMERGENCIES













First aid

Fire Awareness

Ladder rescue

Rescue from the lateral of the nacelle

Rescue of a person hanging from the hoist

Hub rescue









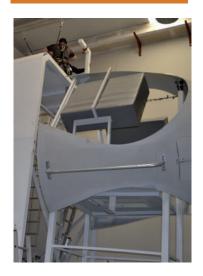














Our team is integrated by twelve highly qualified professionals with extensive experience in the field of prevention and teaching.



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